BREZTRI® inhaler explanatory leaflet

AstraZeneca

BREZTRI® AEROSPHERE®

120 inhalations
Explanatory Sheet
for patients who receive BREZTRI® 120 inhalations



This is an explanatory sheet for patients who use BREZTRI® AEROSPHERE® 120 inhalations. This sheet describes:

- **Names of the parts of the inhaler**
- **Preparatory procedures before use**
- **Correct method of inhalation**
- **Readings of the indicator**
- **Cleaning of the actuator**
- **Precautions for use**

120

JP-53036
Prepared in February 2022

Clean the actuator once per week.

If medicine sticks to the inner side of the actuator, you will have difficulty in inhalation. So, it is important for you to keep the actuator clean.

1 **After detaching the canister** from the actuator, **remove the cap** from the mouthpiece.
Keep the detached canister dry.

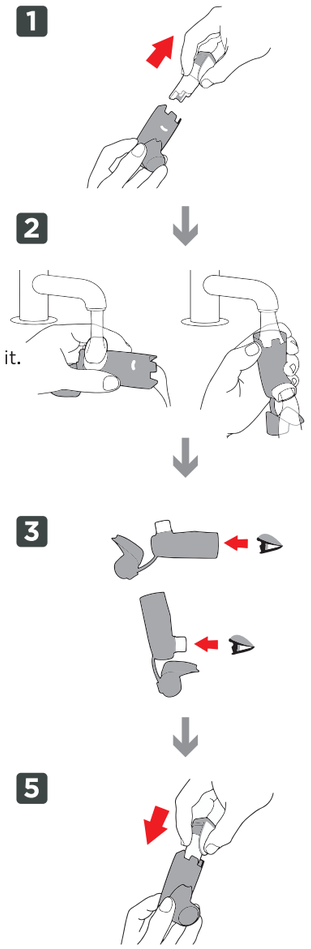
2 **Rinse** the inside of the actuator **with warm water** for **approximately 30 seconds.**
Then, turn the actuator upside down and rinse the inside for **another 30 seconds approximately.**
Shake the actuator well to remove as much of the water as possible from it.

3 Check the inside of the actuator and the mouthpiece. If you still find medicine on the parts, rinse the actuator with water again.

4 Place the actuator in a well-ventilated place with its cap off in order to **dry** it well.
Do not attach the canister to the actuator before the actuator is dry.

5 **When the actuator is completely dry,** put the cap back on the actuator. Then, slowly insert the canister to the actuator.

6 After putting the canister back to the actuator, **follow steps A and B on the front page twice before use.**



Precautions

- BREZTRI® is not a medicine that promptly minimizes acute deterioration of symptoms.
- Perform inhalations daily as instructed by your doctor. Do not discontinue or adjust inhalations on your own judgment regardless of whether or not you have any symptoms.
- Open the foil pouch immediately before use.
- Keep BREZTRI® away from moisture once you open the foil pouch.
- Dispose of the medicine three months after opening the foil pouch even if any medicine is left in the canister.
- You can use the bag included in the package for storage.
- Clean the actuator once per week.
- Even after the canister is empty, do not destroy or make a hole in it or throw it into a fire. Do not use or keep BREZTRI® near fire.
- Dispose of the product according to the waste disposal regulations established by local authorities.

※Consult your doctor or pharmacist if you have any questions.

Contact information

Toll-free number for patients only **0120-119-703** 9:00 to 17:30 except on Saturdays, Sundays, national holidays, and company's non-business days

Manufacturer **AstraZeneca K.K.**

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Explanatory Sheet

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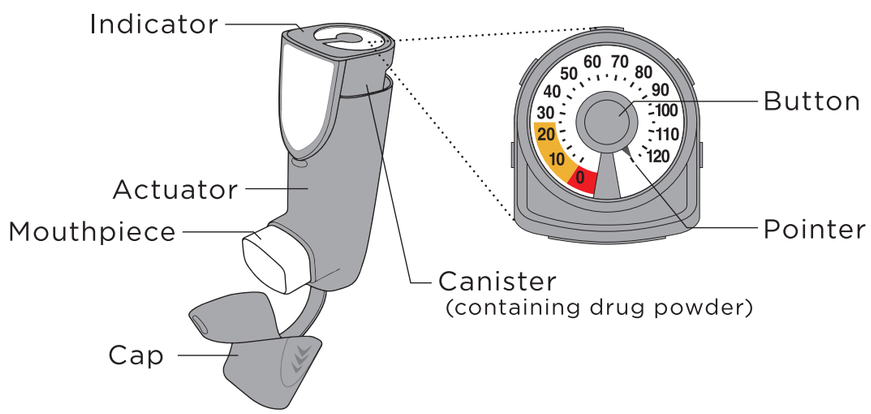
Perform 2 inhalations twice daily.

Clean the actuator **once per week.**		
Day of cleaning	①	/ /
	②	/ /
	③	/ /
	④	/ /

※See the reverse side for the method of cleaning.

Use a new product after the day for replacement (expiration date).	
Day for replacement (expiration date)	/ /

Names of the parts of the inhaler



! You need to follow the following steps before using a new inhaler.

A Remove the cap from the mouthpiece and **shake the inhaler well.**

※Hold both sides of the cap with your fingers and pull it straight to remove it.

B Press the button to **release a puff for preparation.**

※If you press the button, medicine will come out. So, be careful not to get the medicine in your eyes.



120 inhalations **Repeat** steps A and B **twice** in total.

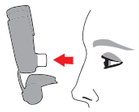
In the following situations, perform the above preparatory procedures A and B twice before use.

- After cleaning the actuator
- When you drop the actuator on the floor
- If you use the inhaler after an interval of 7 days or longer

Correct method of inhalation



Check that the number of remaining puffs on the indicator is not “0” (or the pointer is not pointing to the red area).



Remove the cap and check that there are no foreign substances on the mouthpiece or inside the actuator.

※Be careful not to press the button.

1 Remove the cap and shake the inhaler well.

※Hold both sides of the cap with your fingers and pull it straight to remove it.



2 Breathe out sufficiently.



3 Take the mouthpiece into your mouth, inhale slowly and deeply, and press the button until a puff is released.



4 Move the mouthpiece away from your lips. After holding your breath for 3 seconds or longer, breathe out slowly.

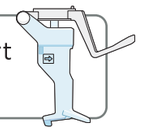
※Be careful not to breathe against the mouthpiece.



5 Repeat steps **1** through **4** and **perform two inhalations** in total.

6 Put the cap back on the mouthpiece, and **gargle** at the end.
If you cannot gargle, rinse your mouth.

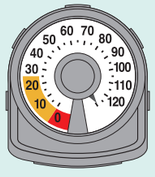
If you have difficulty pressing the button, inhalation support tool is available. Consult your doctor or pharmacist.



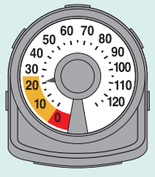
Display on the indicator

The scale arrow moves by puff and shows the number of remaining puffs.

When opening the pouch

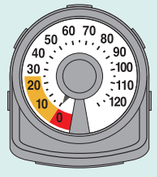


The indicator shows the number of puffs consumed, including those for the initial preparation and preparation after cleaning. Therefore, the pointer is pointing to an area beyond the number “120.”



If you keep on performing inhalations, you can see the pointer starting to point to the yellow area. Get a new inhaler prepared before the pointer reaches the red area of the indicator.

After finishing an inhalation



When the pointer points to the number “0” in the red area, exchange the inhaler with a new one.

A video explaining how to perform inhalations is available.

Read this two-dimensional (2D) code with your smartphone or cell phone.

This website is intended to provide information to patients who are receiving or will receive BREZTRI®. Do not give this 2D code or URL to others.

Via a PC

https://www2.astrazeneca.co.jp/ars/breztri/join/index.html